

**Nottingham Climbing Centre**  
**Conditions of use**

1. The Nottingham Climbing Centre is used at your own risk and the centre does not accept responsibility for any accident or injury to individuals or loss / damage to personal possessions.
2. You are informed that climbing is an activity with a danger of personal injury or death. Participants should be aware of and accept these risks and be responsible for their own actions and involvement.

**Membership:**

3. All persons wishing to climb must first become members and be either COMPETENT or a NOVICE under close authorised supervision.
4. The term COMPETENT is used to indicate;
  - i) Correct putting on and use of a climbing sit harness
  - ii) Correct attachment of rope to a climbing sit harness
  - iii) Correct belay technique
  - iv) Awareness and acceptance of full conditions of use
5. A NOVICE is someone unable to correctly perform tasks: 4. i), ii), and iii) above.
6. All climbers must be members and present their membership card to staff at reception on each occasion before starting a climbing session.
7. NOVICE climbers must sign a novice supervision form before each climbing session and be supervised by a COMPETENT adult member.
8. Climbers aged under 14 years must have written consent of their parent or guardian and must be closely supervised by a competent adult member.
9. Climbers aged between 14 and 17 years must have written consent of their parent or guardian and be either closely supervised by a competent adult member or have been assessed as being competent by an authorised member of staff.

**Climbing:**

10. The climbing walls are unsupervised.
11. Climbers must, when using ropes, use a climbing sit harness and tie the rope directly into the harness, using a figure of eight or bowline knot. It is strictly forbidden to untie from the climbing rope while on a climb.
12. When using ropes climbers must use the "BUDDY SYSTEM" and check both your own and your partner's equipment, ropes and knots before each ascent.

13. All roped climbing must be belayed using a recognised belay device, such as Sticht Plate, Tuber, or Gri-Gri. No other method of belaying is acceptable.
14. Fixed ropes must not be removed from any climb.
15. Climbs may be led only on routes that are equipped with quick-draws. When leading you must use your own ropes and clip all the bolts in sequence
16. When leading you should be aware of other leaders' fall potential, and give way to other leaders in a higher position.
17. You may climb without ropes only on the bouldering walls and the arch. It is your responsibility to ensure matting is correctly positioned and that you are "spotted".
18. Do not use wire brushes or alter the holds in any way.
19. Do not sit, lie or stand around on the landing mats - they should be used only when climbing. All equipment / belongings must be kept clear of the matting.
20. Do not stand near the base of walls unless belaying a climber.
21. You are recommended to use recognised footwear and a helmet.

**Groups:**

22. GROUPS ( classed as more than three people ) can only be supervised by qualified leaders who are able to produce a photocopy of their pass certificate, valid insurance and current first aid qualification. The only acceptable qualifications are SPSA, MIA, MIC or GUIDE.

**General:**

23. Personal possessions are your own responsibility. ( see 1. )
24. No eating or drinking in the climbing area. Place all litter in the bins, and do not smoke. No alcohol or drugs are permitted in the centre.
25. In the event of an accident inform a member of staff immediately.
26. No horseplay is allowed. Staff reserve the right to stop individuals climbing if their behaviour or practice is considered unsafe to themselves or others.
27. The management reserve the right to refuse entry.
28. It is a condition of our lease that everyone bringing a car onto the Courtaulds / CTC site must display a Nottingham Climbing Centre windscreen sticker in their car window, and park where instructed.
29. The Courtaulds Textile site and the City Technology College Sports Ground are private property and visitors to Nottingham Climbing Centre are not permitted to enter these areas without express permission.