



# REGISTRATION FORM

## Junior Climbing at Nottingham Climbing Centre



**THIS PART TO BE FILLED IN BY RECEPTION STAFF**

Junior Member Name  Membership Number:

**UNDER 14 YEARS OLD**

- ◆ Must have written consent of parent / guardian to participate in climbing activities.
- ◆ Must be under supervision of a suitably qualified instructor or a competent adult member of the centre at all times.

**14 – 17 YEAR OLDS**

- ◆ Must have written consent of parent / guardian to participate in climbing activities.
- ◆ Must be either;
  1. under supervision of a suitably qualified instructor or a competent adult member of the centre at all times.
 Or;
  2. unsupervised only after demonstrating basic competencies to an authorised member of staff, namely;
    - Putting on a sit harness correctly.
    - Attach a rope to your harness using a suitable climbing knot
    - Use a belay device to secure a falling climber and lower a climber from the wall
    - Understand and practice bouldering safely with the use of a spotter.

The basic competence assessment tests only a limited range of climbing equipment and techniques. This assessment relates only to the use of Nottingham Climbing Centre.

Staff Name: \_\_\_\_\_  
 Signature: \_\_\_\_\_  
 Date: \_\_\_\_\_

**Participation Statement**

**“The British Mountaineering Council recognises that climbing and mountaineering are activities with a danger of personal injury or death. Participants in these activities should be aware of and accept these risks and be responsible for their own actions and involvement.”**

I recognise that climbing is a potentially dangerous activity in which I allow

..... to participate.

Parent/Guardian: First Name  Surname

Address

Daytime Tel. No.

Evening Tel. No.

Post Code:

Signature  Date